

**Chasidy Karpiuk, MA, RCC #2656**  
**Registered Clinical Counsellor**  
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**604-377-8175**

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**EDUCATION**

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- 8/2021- Present      Doctor of Philosophy (PhD), Human Development  
Fielding Graduate University; Santa Barbara, California  
Current Student
- 9/13-04/22      **Master of Arts (MA)**, Human Development  
Fielding Graduate University, Santa Barbara
- 9/13-05/18      Doctor of Psychology (Psy.D.), Clinical Psychology  
Adler University; Vancouver, British Columbia  
Completed 59 credit hours
- 9/04-10/06      **Master of Arts (MA)**, Counselling Psychology  
Adler University; Vancouver, British Columbia  
Degree conferred October 2006  
Thesis: *“Changing Bullying Behaviours: An Early Intervention”*  
Purpose: To aid in the growing body of knowledge to assist in designing an  
effective anti-bullying program.

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**LICENSURE**

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- Registered Clinical Counsellor #2656, British Columbia Association of Clinical Counsellors
- Certified Adlerian Practitioner, Adlerian Psychology Association of British Columbia

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**PRACTICUM EXPERIENCE**

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Combined Overall Doctoral Practicum Experience:

- Worked with adult and adolescents in familial crisis.
- Completed 1950 total practicum hours, which included 319.5 direct individual client hours and 351.5 hours of individual and group supervision.
- Completed 16 integrated assessment reports utilizing a variety of assessment measures including WAIS-IV, WMS-IV, PAI, MMPI, BAI, BDI-II, WJ-IV, IVA+, WCST, DKEFS, CAARS, MCMI, CAGE, BRIEF and TSI-II.

1/14-8/14      Social Justice Practicum (SJP)  
Belkin House & Vancouver Parole Office, Correctional Services Canada (CSC)  
Vancouver, British Columbia  
Supervisors: Chantal Piche, Parole Officer and Tim Goodsell, Director of  
Corrections Canada, Lower Mainland Parole Office

- Developed training video and materials for use in CSC to train parole officers to conduct effective interviewing with parolees.
- Researched gaps in training for parole officers on how to correctly interview their clients.
- Observed high needs sex offender program sessions.
- Conducted research interviews in a medium security female (Fraser Valley) and male (Mountain Institution) institutions.
- Contributed to a ‘Meaningful Work’ study through interviews with inmates at four British Columbia prisons to garner inmates’ opinions

9/14-8/15      Assessment Practicum I: Psycho-Vocational Assessment Practicum  
 Midtown WorkBC,  
 Pacific Community Resources Society (PCRS); Vancouver, British Columbia  
 Supervisor: Dr. Keith Saunders

- Wrote high quality professional Psycho-Vocational reports following intake, administration, scoring, and interpretation of various testing measures.
- Engaged in a consultative process with clinical supervisor and other relevant community stakeholders to determine the appropriate concessions and adjustments for client services.
- Selected appropriate testing measures for client assessment needs, taking into consideration relevance to referral reasons.
- Developed a framework for appropriate assessment practices for practicum students in subsequent cohorts, which resulted in the development of a formal training manual.

9/15-12/15      Assessment Practicum II:      Psycho-Vocational Assessment Practicum  
 PLEA Community Services; Surrey, British Columbia  
 Supervisor: Dr. Rose Sekhon

- Wrote high quality professional Psycho-Vocational reports following intake, administration, scoring, and interpretation of various testing measures.
- Engaged in a consultative process with clinical supervisor and other relevant community stakeholders to determine the appropriate concessions and adjustments for client services.
- Selected appropriate testing measures for client assessment needs, taking into consideration relevance to referral reasons.

10/16-07/17      Assessment Practicum III: Psychological and Neuropsychological Assessments  
 Mood Disorders Association of British Columbia; Vancouver, British Columbia  
 Supervisor: Dr. Larry Krywaniuk

- Wrote high quality professional psychological and neuropsychological assessment reports following intake, administration, scoring, and interpretation of various testing measures.
- Engaged in a consultative process with clinical supervisor, collateral sources,

and other relevant community stakeholders to determine the appropriate concessions and adjustments for client services.

- Selected the appropriate testing measures for client assessment needs, taking into consideration relevance to referral reasons.

9/05-3/06      Counselling Practicum, Master of Arts in Counselling Psychology  
Cameray Child and Family Services, Burnaby, British Columbia  
Supervisor: Trisha Kivisalu, MA, RCC

- Provided counselling to adult, children, and adolescents in familial crisis.
- Assessed and worked with children and youth in crisis, ages 5 to 16.
- Provided therapeutic treatment for emotional distress using play and art therapy, Adlerian therapy, and cognitive behavioural therapy.
- Referred clients to other agencies as appropriate.

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### **ACADEMIC LEADERSHIP EXPERIENCE**

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8/22-Current    Associate Professor  
City University, Vancouver Campus

- Taught Course 525 Testing and Assessment to Master of Arts students in the Counselling Psychology program

9/14-5/15      Teaching Assistant (by arrangement with professor)  
Adler University, Vancouver, British Columbia  
Course 514: Life Style Personality Analysis

- Created handouts for students using multiple sources of information.
- Distributed and explained supplemental material to students.
- Created graphics for the professor's power point presentation.
- Primary organization and input on class structure (e.g., integrating and art therapy demonstration in class).
- Liaison for guest lecturer, including creating handouts and assisting with instructional needs.

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### **WORK EXPERIENCE**

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5/07-present    Registered Clinical Counsellor  
Private Practice  
North Vancouver, British Columbia

- Counseled individuals, groups, and families using
- cognitive behavioural therapy (CBT), EMDR, Mindfulness, and Adlerian therapies.
- Worked with private clients and those referred by employee assistance

programs (e.g., Ceridian Lifeworks).

- Facilitated psycho-educational groups on a wide range of topics (e.g., anxiety, depression, stigma of mental health, parenting, etc.).
- Managed a team of associate counsellors (2009-2013).

09/18-10/22    Concurrent Disorders Counsellor  
Drug Treatment Court of Vancouver  
Vancouver, British Columbia

- Perform appropriate assessments for substance use and/or mental health disorders according to best practices;
- Develop individualized treatment plans in consultation with the multidisciplinary team (including probation officers) carry out treatment services, including individual counselling, group therapy, and psychoeducation according to a variety of theoretical models;
- Initiate and participate in care conferences/meetings with clients, family, and the multidisciplinary team including the court team;
- Collaborate, consult and provide clinical support to colleagues, clients and their families;
- Attend mandatory court team meetings with clients and completes documentation in accordance with regulatory and organizational standards, plus those required by the Court;
- Update own knowledge, education and is aware of emerging and best practices in related MHSU treatment areas; and,
- Participate in committees, task groups, continuing education, and team meetings, and engages in on-going program planning and quality improvement activities.
- Supervised student, Macda Haddish, in her practicum of the University of British Columbia School of Social Work (Bachelor of Arts degree)

5/06-7/07      Occupational Health Counsellor and Case Manager  
Vancouver Coastal Health Authority, Vancouver, British Columbia

- Professionally and confidentially provided assessment and case management to employees.
- Provided professional opinions and accurately documented information regarding medical case management and psychiatric fitness to work.
- Coordinated the attainment of medical information from multiple sources.

4/18-9/18      Registered Clinical Counsellor (Contract)  
Boreal Wellness Centers  
Vancouver, British Columbia

- Co-facilitated groups in a day treatment and intensive outpatient program using evidence-based therapeutic interventions to assist clients struggling with mood and anxiety disorders.
- Worked collaboratively with other team members to deliver integrated therapeutic intervention.

- Lead group therapy sessions using a variety of evidence-based psychological approaches (CBT, DBT, MBCT/MBSR)
- Contributed to collaborative health records to monitor client progress and engagement.
- Provided case management oversight for the specific groups of clients.

4/06-2/08      Supervisor/Team Leader  
 North Shore Disability Resource Centre  
 North Vancouver, British Columbia

- Provided supervision, administration, support, and coordinated schedules for staff.
- Cared for people receiving assistance within a community-based service program.
- Participated as a creative, dynamic member of teams and responsibly led teams.
- Created team building exercises and implemented staff engagement exercises.
- Facilitated staff meetings and worked with team leaders to staff contracts.
- Practiced effective conflict resolution, organizational, critical thinking and management skills.

3/06-6/07      Contract Group Facilitator  
 Fraser Health Authority  
 Burnaby, British Columbia

- Designed and implemented a high-risk girls group with a co-facilitator.
- Collaborated with school staff and made referrals to external community agencies.

2003-2006      Health Care Worker (Casual)  
 Vancouver Detoxification & The Health Contact Centre & Vancouver General  
 Hospital in the 2 psychiatric wards (Brief Intervention Unit and the Psychological  
 Assessment Unit  
 Vancouver, British Columbia

- Operated within an interdisciplinary team of health care professionals in a variety of settings.
- Worked with individuals with acute psychiatric illness, alcohol and drug dependency, and those who have multiple barriers to quality of life.
- Facilitated addictions, self-care, and motivational groups.
- Provided emotional and practical support to clients.
- Assessed physical and behavioural functioning of clients.
- Maintained professional charting on observations.
- Referred clients to internal and external agencies.

<b>VOLUNTEER WORK</b>
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- 2021-present: Board of Directors of British Columbia Association of Clinical Counsellors (BCACC); Vice President 2022-present

- Adler School of Professional Psychology (Vancouver) Alumni Board Representative (2011-2012)
- CCPA: Member of the Board of Directors (2005-2011) for the Canadian Counselling and Psychotherapy Association (CCPA); Vice Chairman 2007-2008, and Student Representative for the Adler School, 2004/2006.
- October 2008, one day CCPA representative for the British Columbia Task Group on the Regulation of Counsellors.
- October 2008, Represented Registered Clinical Counsellors for the BCACC at the Vancouver Health Show.
- Participated in the Roots Of Empathy Program 2007-2008.
- Volunteered at “The Day of Caring” at Cameray Child & Family Services Society Counselling Agency- 2005.
- Member of Educational Committee for Vancouver Detoxification Centre-2005.
- Holiday Sandwich Drive, 2002.
- Rugby Coach – Meraloma U16 Girls, spring 2000 and 2001.

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## PUBLICATIONS

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- Karpiuk, C. (2016). Preparing for your pre-doctoral internship and what training directors really look for [Summary]. Synopsis Magazine. *Canadian Psychological Association*. Retrieved from <http://www.cpa.ca/docs/File/Psynopsis/summer2016/index.html>
- Karpiuk, C. (Ed.). (2016). How to keep your brain healthy as you age [summary of Max Sigmund Cynader presentation]. North Vancouver Probus Newsletter. E-circulation. Reviewed with the author Ken Bryden.
- Karpiuk, C. (2010). *Your guide to starting a profitable private practice*. [Guidebook and Online Workshop]. Publisher: Author.
- Karpiuk, C. (2009). Hypnosis seminar weekend [Review of workshops]. *Entrancing News*. Web: <http://www.hypnosis.bc.ca/newsletter/pdf/Spring-Summer2009.pdf?phpMyAdmin=o-F2M9W4OIXaNuzma8hes8FU1I7>
- Karpiuk, C. (2006). Welcome Package: British Columbia Chapter of the Canadian Counselling and Psychotherapy Association. [E-circulation, Unpublished document]
- Karpiuk, C. (1995). Waiting. In B. Cameron & J. Cameron (Ed.), *Prism of poetry: Pathways to writing*. Scarborough, Ontario: Prentice Hall Canada.

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## CONFERENCES AND PRESENTATIONS

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- 2010, Chasidy Karpiuk - BBS Radio, “Parenting in Conflict Situations”, Interview, (web: <https://bbsradio.com/guestson/guest-chasidy-karpiuk>).
- 2010-2012 (multiple dates), “Building Strength: Developing a Thriving Practice: For Health and Wellness Professionals”: One day workshop with a combination of individuals and companies top in the field of small business start-up and management.
- September 2012, “Starting Your Own Business- Continuing Education Panel”, Simon Fraser University: Beedie Business School.

- October 2012, “Addiction and Its Impact on Families”, British Columbia Association of Clinical Counsellors (BCACC; web: <https://www.youtube.com/watch?v=lbFBnWE3U2g>).
- April 2011, “Why don’t they just listen? Peaceful Parenting.” Parent Education Series, The North Shore Neighbourhood House and Family Services of the North Shore.
- May 2010, “Changing the Stigma of Mental Illness”, Conference Workshop/Presentation, Co-facilitator with Meagan Maddocks, Pathways to Success: The Power of Inquiry, Connections, Mentorship," The Disability Resource Network.
- October 2010, “Healthy Weight Management Coaching”, co-facilitated with Aura Ziv, Personal Trainer (6 week group).
- September 2010, “Sibling Rivalry”, Interview, Article published in the Vancouver Carrier Newspaper, (<https://issuu.com/canwestcommunitypublishing/docs/coufri20100903>).

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### **PROFESSIONAL MEMBERSHIPS**

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- 2007-present, British Columbia Association of Clinical Counsellors – Registered Clinical Counsellor #2656. Member in good standing; June 2021-present: Director, Finance Committee

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### **ACCOMPLISHMENTS, AWARDS, AND OTHER ACTIVITIES**

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- 2011-2013, Alumni Student Representative Volunteer Recognition Award: Adler University, Vancouver.
- 2006, Recipient of the North American Society of Adlerian Practitioners Scholarship.
- 2002, Benson and Hedges Scholarship Award (Entrance Scholarship for University).

**\*\*\*\*\*References and Continuing Education Record are Available upon Request\*\*\*\*\***